

## Anatomy Flash Cards Box Anatomy On The Go

*This highly visual text is the perfect companion for anyone studying anatomy and physiology. Offering innovative techniques to help students with their learning, this user-friendly, accessible study skills text is the perfect accompaniment to any course or textbook. Complex processes are brought to life with imaginative diagrams and storylines which aid understanding, reinforce memory and also support students with memory, dyslexic or mathematical difficulties. New to this edition is a fully updated section on First Aid, and brand new content on making posters and presentations*

*This clinically relevant anatomy flash card set is based on the concepts and full-color images in Moore and Dalley's Clinically Oriented Anatomy, Fifth Edition and Agur and Dalley's Grant's Atlas of Anatomy, Eleventh Edition. The card set is a convenient, flexible, portable, practical study and review tool for gross anatomy courses, USMLE Step 1 preparation, clinical anatomy review during clerkships, and for dental and allied health students. Organized and color-coded using the regional approach of Clinically Oriented Anatomy, the cards feature clinically relevant descriptions of structures, concise versions of the text's clinical "Blue Boxes", and correlating images. Realistic anatomic renderings from Grant's Atlas complement this clinically oriented material.*

*This Color Atlas of Anatomy features full-color photographs of actual cadaver dissections, with accompanying schematic drawings and diagnostic images. The photographs depict anatomic structures with a realism unmatched by illustrations in traditional atlases and show students specimens as they will appear in the dissection lab. Chapters are organized by region in order of standard dissection, with structures presented both in a systemic manner, from deep to surface, and in a regional manner. This edition has additional clinical imaging, including MRIs, CTs, and endoscopic techniques. New graphics include clinically relevant nerve and vessel varieties and antagonistic muscle functions. Many older images have been replaced with new, high-resolution images. Black-and-white dissection photographs have been replaced with color photography. A companion website will include an Image Bank, interactive software (similar to an Interactive Atlas), and full text online.*

*Using the same anatomy illustrations found in NETTER'S ATLAS OF HUMAN ANATOMY, this study set contains over 300 cards that highlight muscle, bone, and joint anatomy. Each card has a full-color Netter illustration on the front and concise two-color text on the back, which details the areas of origin, insertion, action, innervation, and anatomical relevance.*

*with STUDENT CONSULT Online Access*

*Anatomy & Kinesiology Flashcards*

*A Photographic Atlas for Anatomy & Physiology*

*Anatomy*

*A Photographic Study of the Human Body*

*Each flashcard features a full-color illustration from Netter's Atlas of Human Anatomy, 5th Edition, with numbered lines pointing to key structures. This is followed by, concise text which identifies those structures and reviews relevant anatomical information and clinical correlations. Online access at studentconsult.com lets you further test your knowledge with additional "bonus" cards.*

*Find out why more students prefer Netter's Physiology Flash Cards, 2nd Edition, for a quick review and self-test of human physiology essentials. These bestselling, beautifully illustrated cards are fully up to date, with images and questions, answers and clinical correlations. Over 200 cards, organized by body system, provide concise, quick-access information on key physiology concepts for the perfect, portable review. High-quality Netter and Netter-style illustrations enhance learning. More than a dozen new cards offer expanded coverage of blood and lymph nodes while more clinical correlates throughout help you apply what you've learned. Cross-referenced to Netter's Essential Physiology, 2nd Edition, but also highly effective when used with any preferred physiology text. Ideally suited for individual or group study - and universally appreciated by undergraduate, nursing, allied health, and medical students! Don't be overwhelmed by the perils and pitfalls of learning A&P! Survival Guide for Anatomy & Physiology, 2nd Edition provides a quick and easy overview of tips, strategies, and key A&P content to make studying more productive, more fun, and less time-consuming. A perfect on-the-go reference, this handy guide is packed with colorful cartoons, A&P visuals, illustrated tables, and keen insights to help you prepare for even the most dangerous labs and exams. Joining this excellent adventure are two new survival skills chapters plus strategies for using digital resources effectively. Written by renowned author and educator Kevin Patton, this book makes it easier to survive and conquer A&P! Plan a Learning Strategy section helps you study more effectively by showing how to tailor your learning activities to suit your learning style. Part 2: Maps, Charts, and Shortcuts breaks the subject of A&P into six sections, so you can quickly find the information you need in an easy-to-read and understand format. Mnemonic devices and memorable analogies help you remember A&P concepts with ease. Specific test-taking strategies help you prepare for and pass exams. Instructions on how to read your A&P textbook lead to greater comprehension. Dozens of tables make it easy to access the A&P facts you need to remember on the skeletal system, muscles, nerves, circulatory, respiratory, and digestive systems, and more. NEW! Know the Language chapter focuses on strategies for mastering medical terminology. UPDATED information includes more on digital-based learning strategies, more examples, and additional study tips to develop skills in mastering pronunciation, dealing with test anxiety, using flashcards, and more. New analogies and tips help you make deeper connections between challenging A&P concepts and the real world, including What's a Gradient?, Bone Names Have Meaning, Mnemonics to Help You Learn Bone Structures, and more. NEW! What to Do If You Get Lost chapter offers advice on getting back on track from Kevin Patton, whose enthusiasm, humor, and special insights have guided many students through the A&P wilderness. New cartoons and illustrated tables simplify facts and concepts relating to topics such as tissues, joint*

movements, regions of the brain, and more. New appendices on common abbreviations and word parts make it easy to look up prefixes, suffixes, abbreviations, and more.

Using outstanding anatomical illustrations from Netter's hugely popular Atlas of Human Anatomy, these 324 flash cards help you learn and test your knowledge of muscles, bones, vessels, viscera and the joints. Each card features a full-color Netter illustration on the front, while concise text on the back reviews areas of origin, insertion, action, innervation, and anatomical relevance. A regional organization parallels Netter's atlas as well as most of today's anatomy courses. The cards also note clinical correlations, where appropriate. References the original plate in Netter's Atlas of Human Anatomy. Offers an accurate source of anatomical information in an easy-to-use, portable format. Cards are hole-punched in the upper left corner and can be placed on the included ring for maximum portability. Online access available through [www.studentconsult.com](http://www.studentconsult.com).

Netter's Neuroscience Flash Cards

The Anatomy Coloring Book

Netter Playing Cards

Netter's Physiology Flash Cards

Human Anatomy Coloring Book For Kids

50+ Fun ways for kids ages 4-8 to learn all about their bodies From eyes and ears to skin and bones, there's a lot to discover about the human body for kids! Find out how fun and easy it can be with help from the exciting activities inside The Human Body Activity Book for Kids. From crosswords to mazes and more, this activity book on the human body for kids is bursting with all kinds of play that gets young learners interested in what makes them tick. Featuring tons of cool facts and colorful drawings, this in-depth exploration of the human body for kids will help them develop a lifelong love of science and get a head start on schooling. This awesome guide to the human body for kids includes: The human body for kids Make it simple for kids to see what they're made of with informative, illustrated chapters broken down by system. Lots of ways to play Keep lessons engaging with everything from connect-the-dots and crosswords to real-life experiments. Tons of fun facts Did you know hair grows slower at night and that you're taller in the morning than the evening? Make kids want to learn more with neat trivia. Teach children the joy of learning by doing with a collection of activities all about the human body for kids.

Presents detailed information and diagrams about human anatomy, with review questions and answers, and a comprehensive examination. Now you can learn and master anatomy with ease, while having fun, through the unique approach of Netter's Anatomy Coloring Book, by John T. Hansen, PhD. Using this interactive coloring workbook, you can trace arteries, veins, and nerves through their courses and bifurcations...reinforce your understanding of muscle origins and insertions from multiple views and dissection layers...and develop a better understanding of the integration of individual organs in the workings of each body system throughout the human form. Online access to Student Consult-where you'll find the complete contents of the book and much more-further enhances your study and exponentially boosts your reference power. Whether you are taking an anatomy course or just curious about how the body works, let the art of Netter guide you! Provides multiple views, magnifications, and dissection layers that strengthen your understanding of 3-D anatomical relationships. Presents each topic in two-page spreads-with Netter anatomical illustrations accompanied by high-yield information-that gives context to the structures. Features illustrations small enough for quick coloring, but large enough to provide you with important details. Offers tips for coloring key structures that emphasize how a coloring exercise can reinforce learning. Uses Key Points to cover functional and clinical relevance and relationships. Contains tables that review muscle attachments, innervation, action, and blood supply. Features Clinical Notes which highlight the importance of anatomy in medicine. Includes online access to Student Consult where you can search the complete contents of the book, print additional copies of the coloring pages, view completed coloring pages for reference, access Integration Links to bonus content in other Student Consult titles...and much more...to further enhance your study and exponentially boost your reference power.

Color your way to a complete mastery of veterinary anatomy with Veterinary Anatomy Coloring Book, 2nd Edition. Approximately 400 easy-to-color illustrations and corresponding anatomical descriptions guide you through the head, neck, back, thorax, abdomen, extremities, reproductive organs, and many more body parts of dogs, cats, horses, pigs, cows, goats, and birds. Plus, a new section on exotics takes you through the anatomy of ferrets, rodents, rabbits, snakes, and lizards to ensure you are well versed in all potential household pets. With this vivid change-of-pace study tool, you have the freedom to master veterinary anatomy in a fun and memorable way. Over 400 easy-to-color illustrations created by expert medical illustrators shows anatomy in detail and makes it easy to identify specific structures for an entertaining way to learn veterinary anatomy. Regional section organization (the head and ventral neck; neck, back, and vertebral column; thorax; abdomen; pelvis and reproductive organs; forelimb; and hindlimb) allows students to easily compare the anatomy of multiple species. Numbered lead lines clearly identify structures to be colored and correspond to a numbered list beneath the illustration. NEW! Section on exotics covers the anatomy of ferrets, rodents, rabbits, snakes and lizards in addition to the anatomy of dogs, cats, horses, pigs, cows, goats, and birds.

Rohen's Photographic Anatomy Flash Cards

Barron's Anatomy Flash Cards

with Online Student Consult Access

Netter's Anatomy Flash Cards

Great Ways to Learn Anatomy and Physiology

Renowned for its comprehensive coverage and engaging, storytelling approach, the bestselling Moore's Clinically Oriented Anatomy, 9th Edition, guides students from initial anatomy and foundational science courses through clinical training and practice. A popular resource for a variety of programs, this proven text serves as a complete reference, emphasizing anatomy that is important in physical diagnosis for primary care, interpretation of diagnostic imaging, and understanding the anatomical basis of emergency medicine and general surgery. The 9th Edition reflects the latest changes in the clinical application of anatomy as well as preparation for the USMLE while maintaining the highest standards for scientific and clinical accuracy.

This set of 220 flash cards is based on the images in *Anatomy: A Photographic Atlas, Eighth Edition*. This is the only gross anatomy flash card set that includes full-color photographs of actual cadaver dissections. The photographs realistically depict anatomic structures as seen on the cadaver, allowing students to prepare for lab dissections and study for practical laboratory exams. On the front of each card is an image with key structures labeled. On the back of each card are hints to help identify the structure and relevant clinical pearls.

Mosby's *Anatomy & Physiology Study and Review Cards, 2nd Edition* helps students learn and retain the fundamentals of Anatomy and Physiology. Divided into 20 color-coded sections, more than 330 cards cover all of the body systems with a vivid mix of illustrations, tables, quizzes and labeling exercises. The vibrant illustrations and supporting text will make the most of study time while improving comprehension and retention. 330 sturdy, full-color flash cards based on Patton & Thibodeau content enhance your understanding and retention of A&P concepts. Labeling flashcards with image on the front and label key on the back are ideal for visual learners to practice anatomy identification and grasp anatomical relationships. Hundreds of study questions on cards with answers on the back help reinforce core content. Convenient, portable size lets you study A&P on the go. New and updated illustrations from Patton textbooks make transitioning from reading to studying seamless. New and revised questions ensure you have the best A&P preparation possible. All cards reflect the latest content from the Patton & Thibodeau texts to provide you with the most up to date A&P content.

The only anatomy atlas illustrated by physicians, *Atlas of Human Anatomy, 7th edition*, brings you world-renowned, exquisitely clear views of the human body with a clinical perspective. In addition to the famous work of Dr. Frank Netter, you'll also find nearly 100 paintings by Dr. Carlos A. G. Machado, one of today's foremost medical illustrators. Together, these two uniquely talented physician-artists highlight the most clinically relevant views of the human body. In addition, more than 50 carefully selected radiologic images help bridge illustrated anatomy to living anatomy as seen in everyday practice. Region-by-region coverage, including Muscle Table appendices at the end of each section. Large, clear illustrations with comprehensive labels not only of major structures, but also of those with important relationships. Updates to the 7th Edition - based on requests from students and practitioners alike: New Systems Overview section featuring brand-new, full-body views of surface anatomy, vessels, nerves, and lymphatics. More than 25 new illustrations by Dr. Machado, including the clinically important fascial columns of the neck, deep veins of the leg, hip bursae, and vasculature of the prostate; and difficult-to-visualize areas like the infratemporal fossa. New Clinical Tables at the end of each regional section that focus on structures with high clinical significance. These tables provide quick summaries, organized by body system, and indicate where to best view key structures in the illustrated plates. More than 50 new radiologic images - some completely new views and others using newer imaging tools - have been included based on their ability to assist readers in grasping key elements of gross anatomy. Updated terminology based on the international anatomic standard, *Terminologia Anatomica*, with common clinical eponyms included.

Netter's Clinical Anatomy E-Book

Anatomy Flashcards

Latin Nomenclature ; 324 Cards with Full-coloured Illustrations

Survival Guide for Anatomy & Physiology - E-Book

Veterinary Anatomy Flash Cards

The Second Edition of Johnny Saldaña's international bestseller provides an in-depth guide to the multiple approaches available for coding qualitative data. Fully up to date, it includes new chapters, more coding techniques and an additional glossary. Clear, practical and authoritative, the book: -describes how coding initiates qualitative data analysis -demonstrates the writing of analytic memos -discusses available analytic software -suggests how best to use *The Coding Manual for Qualitative Researchers* for particular studies. In total, 32 coding methods are profiled that can be applied to a range of research genres from grounded theory to phenomenology to narrative inquiry. For each approach, Saldaña discusses the method's origins, a description of the method, practical applications, and a clearly illustrated example with analytic follow-up. A unique and invaluable reference for students, teachers, and practitioners of qualitative inquiry, this book is essential reading across the social sciences.

Focus on the clinically relevant aspects of anatomy and bridge normal anatomy to common clinical conditions with *Netter's Clinical Anatomy, 4th Edition*. This easy-to-read, visually stunning text features nearly 600 superb Netter-style illustrations that provide essential descriptions of anatomy, embryology, and pathology to help you understand their clinical relevance. Authored by John Hansen, PhD, an Honored Member of the American Association of Clinical Anatomists, this book is an ideal anatomy reference for students who want to make the most of their study time or need a concise review of clinical anatomy.

Learn, review, and self-test with these bestselling flash cards! Fun, fast, and in full color, *Netter's Anatomy Flash Cards* are a portable study tool for a solid foundation in the anatomy you need to know for coursework and exams. Each card presents art by Dr. Frank H. Netter (with several paintings by Dr. Carlos Machado), numbered labels with hidden answers for self-quizzing, and concise comments and clinical notes. Cards provide a quick, focused review of anatomy terms and high-yield synopses of anatomic and clinical relevance. A dual sorting system using easy-to-spot colors and icons allows you to sort cards by region or system, both in print and in the eBook. Access to more than 300 multiple-choice questions and label quiz enhancements online. A perfect study aid and complement to *Netter's Atlas of Human Anatomy*, *Netter's Anatomy Coloring Book*, *Netter's Clinical Anatomy*, *Netter's Physiology Flash Cards*, and *Netter's Neuroscience Flash Cards*. This clinically relevant anatomy flash card set is based on the concepts and full-color images in Moore's

**Clinically Oriented Anatomy. The card set is a convenient, portable study tool for gross anatomy courses, exam preparation, clinical anatomy review during clerkships, and dental and allied health students.**

**Anatomy & Physiology For Dummies**

**Moore's Clinically Oriented Anatomy**

**Netter's Anatomy Art Card Deck**

**Apologia Human Anatomy and Physiology Vocabulary Word Flash Cards**

**Netter's Anatomy Flash Cards - E-Book**

Achieve the best possible standard with this bestselling book of traditional practice and guidance. First Aid in Spelling provides all the help and support needed for learning and practising the complete range of spelling rules and high-frequency words. It is suitable for both native English speakers and students of English as a second language and can be used in class, or as a reference and revision book. - Develops a strong basis of understanding with core topics covered in clear and accessible language - Improves student's ability to work through problems with plenty of practice exercises and revision tests - Reflects its international readership with terms and information that are appropriate for students worldwide

Learn about the human body from the inside out Some people think that knowing about what goes on inside the human body can sap life of its mystery—which is too bad for them. Anybody who's ever taken a peak under the hood knows that the human body, and all its various structures and functions, is a realm of awe-inspiring complexity and countless wonders. The dizzying dance of molecule, cell, tissue, organ, muscle, sinew, and bone that we call life can be a thing of breathtaking beauty and humbling perfection. Anatomy & Physiology For Dummies combines anatomical terminology and function so you'll learn not only names and terms but also gain an understanding of how the human body works. Whether you're a student, an aspiring medical, healthcare or fitness professional, or just someone who's curious about the human body and how it works, this book offers you a fun, easy way to get a handle on the basics of anatomy and physiology. Understand the meaning of terms in anatomy and physiology Get to know the body's anatomical structures—from head to toe Explore the body's systems and how they interact to keep us alive Gain insight into how the structures and systems function in sickness and health Written in plain English and packed with beautiful illustrations, Anatomy & Physiology For Dummies is your guide to a fantastic voyage of the human body.

"324 cards with full-coloured illustrations".

A Photographic Atlas for Anatomy & Physiology is a new visual lab study tool that helps students learn and identify key anatomical structures. Featuring photos from Practice Anatomy Lab (tm) 3.0 and other sources, the Atlas includes over 250 cadaver dissection photos, histology photomicrographs, and cat dissection photos plus over 50 photos of anatomical models from leading manufacturers such as 3B Scientific®, SOMSO®, and Denoyer-Geppert Science Company. The Atlas is composed of 13 chapters, organized by body system, and includes a final chapter with cat dissection photos. In each chapter, students will first explore gross anatomy, as seen on cadavers and anatomical models, and then conclude with relevant histological images.

First Aid in Spelling

Gross Anatomy

Color Atlas of Anatomy

Atlas of Human Anatomy E-Book

Anatomy & Physiology Flash Cards

By popular request - Frank H. Netter, MD's classic anatomy paintings on playing cards! Perfect for clinicians, medical and healthcare students, and all Netter fans!

" ... a perfect study tool that covers neuroscience and neuroanatomy. Netter illustrations on the front and answers to labels plus explanatory text on the back emphasize the key organizational neurosciences principles and key clinical applications for an efficient yet in-depth review."--Container.

A total of 300 cards show muscles, bones, and organs, and are color coded according to their general function in the human body.

Kaplan's Anatomy Flashcards is designed to help students of human anatomy learn and memorize the many structures and systems within the human body.

Veterinary Anatomy Coloring Book

Kindergarten Anatomy Human Bone Flashcards Coloring Book for Toddlers Study Guide Coloring Workbook Great Gift for Boys & Girls

Anatomy Flash Cards

Netter's Anatomy Coloring Book

Gray's Anatomy for Students Flash Cards E-Book

**250 full-color cards provide a high-yield review of gross anatomy LANGE Anatomy Flash Cards don't just ask students to identify an anatomical structure -- they provide the "why" behind each answer. Every card features a beautiful full-color illustration that students are asked to identify, with detailed explanations (many of which include the medical relevance of the image) on the flip side. These cards are a fast, fun, portable way to understand and retain must-know information.**

**Netter's Anatomy Flash Cards are the most convenient and portable way to review anatomy on the fly. This 3rd Edition contains full-color illustrations from Netter's Atlas of Human Anatomy, 5th Edition paired with concise text identifying those structures and reviewing relevant anatomical information and clinical correlations. Netter. It's how you know. [For this digital eBook edition, StudentConsult access is NOT included. When purchased in print format, this title includes additional digital media.] Each flashcard features a full-color illustration from Netter's Atlas of Human Anatomy, 5th Edition, with numbered lines pointing to key structures. Accompanying concise text identifies those structures and reviews relevant anatomical information and clinical correlations.**

**Gray's Basic Anatomy equips you with all the essential anatomy information you need to know, in half the length of the original Gray's Anatomy for Students! This new medical textbook lets you study efficiently while being confident in your mastery of the most important anatomical concepts. See the clinical implications with "Clinical Apps," "Imaging Apps," and surface anatomy boxes throughout. Get a clear picture with carefully selected illustrations that are easy to learn from, modern in design, and concisely labeled. Access a wealth of ancillary material online for a better overall understanding of the subject including a surface anatomy tool, case studies, self-test questions, and more at [www.studentconsult.com](http://www.studentconsult.com).**

**This series of 335 beautifully illustrated flash cards explores essential concepts of human anatomy & physiology. The 4? x 6? cards are color coded and indexed for easy reference. The flash cards are printed on heavy card stock and are UV coated for durability.**

**Clinical Anatomy Flash Cards**

**Netter's Flashcards Anatomy**

**The Coding Manual for Qualitative Researchers**

**Mosby's Anatomy & Physiology Study and Review Cards**

**Digital eBook**

Includes bibliographical references and index

Based on the phenomenal artwork found in the 3rd edition of Gray's Anatomy for Students, this set of 350 flashcards is the perfect review companion to help you test your anatomical knowledge for course exams or the USMLE Step 1! It's portable, it's concise, it's simply the best way to study anatomy... in a flash! Conveniently access all of the need-to-know anatomy information! Each card presents beautiful 4-color artwork or a radiologic image of a particular structure/area of the body, with numbered leader lines indicating anatomical structures; labels to the structures are listed by number, in addition to relevant functions, clinical correlations, and more. Fully grasp the practical applications of anatomy with "In the Clinic" discussions on most cards, which relate structures to corresponding clinical disorders; a page reference to the companion textbook (Gray's Anatomy for Students, 3rd Edition) facilitates access to further information. Access a clear, visual review of key concepts with wiring diagrams that detail the innervation of nerves to organs and other body parts, as well as muscle cards covering functions and attachments. Study efficiently while being confident in your mastery of the most important anatomical concepts! Flashcards have been thoroughly revised to reflect the updates made to the companion text, Gray's Anatomy for Students, 3rd Edition. Understand the clinical relevance of your anatomical knowledge with brand-new clinical imaging cards added to the set.

Study anywhere, anytime and master veterinary anatomy with Saunders Veterinary Anatomy Flash Cards. Included in this set of 360 flash cards are approximately 400 full-color illustrations. The front of the card shows the anatomical drawing with numbered lead lines pointing to different anatomic structures, allowing you to quiz yourself on identification. The numeric answer key on the back of the card provides an easy comprehension check. "Portable" learning makes these the perfect tool for studying on the go. Indexed by body system for fast, easy reference. 400 high quality and anatomically correct illustrations make it easy to learn the features of each anatomical region. Species-specific icons on the front of the card allows for reorganization by animal. Comprehensive veterinary anatomy coverage provides the best, most effective review available. Part of Elsevier's complete veterinary anatomy learning system, integrating core anatomy knowledge, engaging review, hands-on practice, and clinical application to give you a solid foundation for success!

This atlas features photographs of actual cadaver dissections, with accompanying schematic drawings and diagnostic images. The photographs depict anatomic structures more realistically than illustrations in traditional atlases and show students what they will see in the dissection lab.

Moore's Clinical Anatomy Flash Cards

Netter's Anatomy Flash Cards E-Book

Increasing Knowledge of the Human Body

Gray's Basic Anatomy E-Book

The Yoga Anatomy Coloring Book

*"Unlike other anatomy flashcards that offer only anatomical illustrations, Anatomy & Kinesiology Flashcards cover all musculoskeletal structures and movements. The cards are broken down into 10 sections: shoulder girdle, shoulder joint, elbow joint complex, wrist and hand joints, neck and atlanto-occipital joints, back-spinal joints, abdominal and respiratory area, pelvic girdle and hip joint, knee joint, and ankle and foot joints. Each section begins with review cards showing the muscles acting on, joints of, and joint movements of that section. Anatomy & Kinesiology Flashcards also include cards featuring key abbreviations, definitions of anatomical directional terminology, classifications of joints, general anatomical movement terms, and planes and axes of rotation for quick reference. An addendum covers bony landmarks."--Human Kinetics website. ([www.humankinetics.com](http://www.humankinetics.com)).*

*Learn the essential anatomy you need to know - quickly and easily! Each flash card in this full-color deck features high-quality Netter art (and several new paintings by Dr. Carlos Machado), numbered labels, and concise comments and clinical notes for the most commonly tested anatomy terms and concepts. Focusing on clinically relevant anatomy, this easy-to-use, portable study tool helps you learn anatomical structures with confidence!*

*Yoga instructor, massage therapist, and anatomy teacher Kelly Solloway provides an entertaining journey through the human body, focusing on the bones, joints, and muscles used in yoga. Each anatomical feature is illustrated with a beautiful black-and-white drawing of a yoga posture, or asana, to color, making it easy to remember their location and function. Thirty-two flash cards enable readers to quiz themselves and study on the go.*

*A Photographic Atlas*